Introduction

Successful greenhouse and nursery production of container-grown plants is largely dependent on the chemical and physical properties of the growing media. An ideal potting medium should be free of weeds and diseases, heavy enough to avoid frequent tipping over and yet light enough to facilitate handling and shipping. The media should also be well drained and yet retain sufficient water to reduce the frequency of watering. Other parameters to consider include cost, availability, consistency between batches and stability in the media over time.

Selection of the proper media components is critical to the successful production of plants.

Media Components – Organic Amendments

Peat

Peat is a very common component in both nursery and greenhouse mixes. Peat is usually included in a mix to increase the water-holding capacity or to decrease the weight.

Peats used in horticulture are usually classified into three types: moss peat, reed-sedge and peat humus. Moss peat, more often called peat moss, is the most common form used in the industry and is derived mostly from sphagnum moss. Peat moss is the least decomposed form of the peat types, is typically light tan to brown in color, lightweight (6.5 lbs/yard³), high in moisture-holding capacity and very acid (pH 3.8 to 4.3).

A significant problem with peat moss is “wetting up.” Peat moss is inherently hydrophobic (repels water). To address this situation, some suppliers offer a product with a wetting agent already included. Before using peat moss, you should conduct a simple test to see how difficult the product will be to wet. If the product does not include a wetting agent, you can incorporate one, or use hot water if available, to speed-up the wetting process. Peat moss is typically sold in compressed bales that expand 50 to 100 percent when properly fluffed. Most recipes call for peat moss on a volume basis (e.g., 50 percent peat moss:50 percent perlite, vol:vol).

Sphagnum moss differs from moss peat (peat moss) in that it is the young residue or live portion of the plant. Sphagnum, or “top moss,” is commonly used for plant shipment, propagation or to line hanging baskets. Substances have been extracted from sphagnum peat which inhibit the growth of fungi associated with damping off.

Reed-sedge peat is formed principally from reeds, sedges, marsh grasses, cattails and other associated swamp plants and is widely used in Florida. Peat humus is usually...
derived from reed-sedge or hypnum moss peat and represents an advanced stage of decomposition. This type of peat is usually dark brown to black and has a low moisture-retention capacity.

**Coir (Coconut Fiber)**

Coir is a relatively new organic amendment primarily used in the greenhouse industry. It has been suggested as a potential substitute for peat moss. The raw material, which looks like sphagnum peat but is more granular, is derived from the husk of the coconut fruit and originates from several countries including Sri Lanka, India, Philippines, Mexico and Costa Rica. Because it originates from such diverse geographic locations, it is difficult to characterize specific chemical and physical properties. Based on current data, growers should be most concerned about the total soluble salts (electrical conductivity), sodium and chloride levels in their coir product before making a wholesale switch to this organic substrate. The typical pH range for coir is 5.5 to 6.8, and the average dry bulk density is 4 lbs/ft$^3$. It contains significant amounts of phosphorus (6 to 60 ppm) and potassium (170 to 600 ppm) and can hold up to nine times its weight in water. Since coir contains more lignin and less cellulose than peat, it is more resistant to microbial breakdown and, therefore, may shrink less. Coir is easier to re-wet after drying than peat moss.

**Softwood Bark**

Bark is the primary component (80 to 100 percent by volume) in most outdoor container nursery mixes. For many years, bark was viewed as a forest waste product, but today the availability for container use is limited in some markets due to alternative demands (e.g., landscape mulch, fuel) and reduced timber production.

Pine bark is preferred over hardwood bark since it resists decomposition and contains fewer leachable organic acids. Pine bark is usually stripped from the trees, milled and then screened into various sizes. A good potting medium usually consists of 70 to 80 percent (by volume) of the particles in the 1/42- to 3/8-inch range with the remaining particles less than 1/42 inch.

Bark is described as either fresh, aged or composted. Many growers use fresh bark but typically add 1 lb N/yd$^3$ to compensate for the potential nitrogen draft that occurs in the pot. Composting bark involves moistening the bark, adding 1 to 2 pounds N/yd$^3$ from either calcium nitrate or ammonium nitrate, forming a pile and then turning the pile every 2 to 4 weeks to ensure proper aeration. Composting bark typically takes 5 to 7 weeks. Aging is a cheaper process, but aged bark has less humus and a greater nitrogen draw-down in the container than composted bark.

**Hardwood Bark**

The chemical properties of hardwood bark are significantly different from pine bark. The pH of fresh hardwood bark is usually less acid (pH 5 to 5.5) than peat moss or pine bark. Composted bark may be rather alkaline (pH = 7 to 8.5). Hardwood bark typically contains toxic compounds and, for this reason, should be composted before use.

According to the University of Illinois, for each cubic yard of bark, a grower should add 2 to 3 pounds of actual nitrogen, 5 pounds of superphosphate, 1 pound of elemental sulfur and 1 pound of iron sulfate. These amendments should be blended into the bark and some water added to the blended pile. Turning the pile 3 to 5 times during the 60-day process is recommended to get a uniform product. The temperature in the pile should approach 150° F to eliminate most pathogens.

**Sawdust and Wood Chips**

In general, sawdust or wood products are NOT recommended for a container media. The carbon to nitrogen ratio is extremely high, requiring adequate amounts of nitrogen and composting to avoid negative effects on plant growth.

**Compost and Animal Manures**

A large variety of compost or animal manure products is available in the marketplace. This section will highlight several considerations when evaluating these materials as a media amendment.

**Manures:** Disadvantages include possible high salts, fine particle size and weed seeds. The advantages include the nutrient contribution and potential improvement in media physical properties.

**Sludge:** A primary consideration when evaluating a sludge is the potential for elevated heavy metals including cadmium, lead, zinc, copper and mercury.

**Plant-based composts:** In some areas compost products provide a low-cost media amendment. Critical issues to consider are the availability and consistency of the product and the particle size.
Particle sizes for plant-based compost can be either too large or too fine depending on the source material and composting process.

**Rice Hulls**

Arkansas growers are fortunate in that this organic component is readily available as a result of the sizeable rice industry in the Delta. Rice hulls are available in different forms using names such as fresh, parboiled, carbonized and composted. Because of the physical properties, fresh and parboiled rice hulls can be used as a substitute for perlite in many mixes. Parboiled hulls are preferred since any weed or rice seed is killed during the steam pressure process. Fresh rice hulls have a pH near neutral, are light in weight (bulk density 6 to 7 lbs/ft$^3$) and are useful to increase drainage or aeration. Fully composted rice hulls will hold more water than unprocessed hulls and be slightly acid (pH = 5.7 to 6.2). Either fresh or composted rice hulls have a high Mn content. To avoid problems with Mn toxicity, maintain the media pH above 5.

**Cotton Gin Trash**

Cotton gin trash is another organic waste product readily available in Arkansas. Composted gin trash can increase the water- and nutrient-holding (CEC = 200 meq/100 gm) properties of media and has a pH of 5.5 to 6.0. High soluble salts can be a concern, but this can be reduced quickly through leaching with water. Several studies have shown reduced plant growth when the media contains > 50% gin trash.

**Media Components – Inorganic Amendments**

**Perlite**

Perlite is most commonly used as a component in greenhouse growing media or nursery propagation applications. It is produced by heating igneous rock under high temperatures (1,100 to 1,600° F). Perlite differs from vermiculite in that the finished product is a “closed cell” that does not absorb or hold water. For this reason, it is usually included in a mix to improve the drainage or increase the percent of aeration. Perlite is lightweight (6 to 8 lbs/ft$^3$), chemically inert, pH neutral, sterile and odorless.

**Vermiculite**

In some ways vermiculite is similar to perlite in that they both originate as mined minerals that are then heated to produce a finished product. Perlite and vermiculite differ, however, in the rationale for including them in a mix. Perlite is usually included in a mix to increase drainage but does not increase the retention of nutrients. In contrast, vermiculite with its plate-like structure holds large quantities of water and positive charged nutrients like potassium, magnesium and calcium.

Vermiculite is sterile and light in weight (5 to 8 lbs/ft$^3$). The pH of vermiculite will vary depending on where it is mined. Most U.S. sources are neutral to slightly alkaline, whereas vermiculite from Africa can be quite alkaline (pH = 9). Vermiculite is used extensively in the greenhouse industry as a component of mixes or in propagation. It is usually sold in four size grades: #1 is the coarsest and #4 the smallest. The finer grades are used extensively for seed germination or to topdress seed flats. Expanded vermiculite should not be pressed or compacted, especially when wet, as this will destroy the desirable physical properties.

Vermiculite has been the focus of news attention several times over the past 30 years with regard to the issue of potential contamination with asbestos-related fibers from a related mica mineral called tremolite. Because of this concern and attention, most mines monitor this issue closely to avoid problems with commercially available product. As is the case with dry peat moss, handlers should wear a dust mask to avoid inhaling these materials.

**Sand**

Sand is a common amendment used in propagation applications and is occasionally used in a greenhouse or nursery mix. Sand is typically selected as a media component to improve the drainage or to act as a ballast to decrease container blow-over in outdoor container nurseries.

While sand represents a wide range in particle sizes, growers generally use medium to coarse sands (0.25 to 2 mm). Preference should be given to deep-mined sharp sands which are mostly silicon dioxide. Avoid using calcareous sands or sands from the ocean that are obviously saline in nature. Sand rarely occupies more than 10 percent of the volume of a mix simply due to the tremendous weight (bulk density of 80 to 100 lbs/ft$^3$).

**Soil**

Soil is still occasionally used in a container mix primarily because it is locally available or to add weight to a predominantly organic-based mix. Some outdoor nurseries strip the topsoil in preparation for
installing container beds, stockpile the soil and then use it over time as a minor component (e.g., 10 percent) in the mix. Major considerations when using would be the amount of weed seed and presence of residual chemicals. In general, soil should be a minor (<10 percent) component or not used at all in modern container mixes.

**Rock Wool**

Mineral or rock wool has been used extensively in Europe and is recently finding applications in the U.S. greenhouse market. Like perlite and vermiculite, it originates from a natural mineral (alumino silicates with some calcium and magnesium) that is heated to 2,700°F to form fibers that are used to make blocks or cubes as a finished product. Blocks or slabs of rock wool are used extensively by hydroponic growers of greenhouse vegetables. Rock wool typically has an alkaline pH, is sterile and chemically inert.

**Other Inorganic Amendments**

Other amendments that Arkansas growers might hear about but are generally not used extensively include pumice, calcined clay, diatomite and zeolites.

**Typical Greenhouse Mixes**

Common media components used in the greenhouse include peat, perlite, vermiculite and bark. Compared to traditional container nurseries, most greenhouses will use sterilized media.

**Premixed**

Premixed media is a common sight in the greenhouse industry. Suppliers offer a diversity of mixes in either prepacked (bags, bales, super sacks) or bulk forms. Recipes are specially formulated for propagation, specific crops (e.g., Poinsettia mix) or general crops. If significant quantities are required, growers can purchase media customized to their specific operation by requesting specific amendments including lime, wetting agents and fertilizer. Primary components in a greenhouse mix are peat moss, vermiculite and perlite.

**Mix Your Own**

A number of recipes are available for greenhouse mixes and may reflect raw materials or trends for that part of the country. The following is one example.

**Cornell Peat-lite Mix A**

<table>
<thead>
<tr>
<th>Component</th>
<th>Amount per yd³</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peat moss</td>
<td>0.5 yd³</td>
</tr>
<tr>
<td>Coarse vermiculite</td>
<td>0.5 yd³</td>
</tr>
<tr>
<td>Triple superphosphate</td>
<td>0.5 lb</td>
</tr>
<tr>
<td>Dolomitic limestone</td>
<td>5 - 10 lb</td>
</tr>
<tr>
<td>Calcium or potassium nitrate</td>
<td>1 lb</td>
</tr>
<tr>
<td>Trace element package</td>
<td>manufacturer’s recommended rate</td>
</tr>
<tr>
<td>Wetting agent</td>
<td>manufacturer’s recommended rate</td>
</tr>
</tbody>
</table>

This mix would have a high water retention since it is simply based on peat and vermiculite components.

**Typical Nursery Mixes**

The most common components in an outdoor nursery mix include bark, peat, sand and soil. Softwood bark typically comprises from 80 to 100 percent of a mix. Peat is often included to increase the water-holding capacity of a mix, while sand and soil are often added to increase the weight, which reduces container tip-over. Many growers use a recipe of 80 percent pine bark, 10 percent peat and 10 percent sand.

**General Mixing and Handling Recommendations**

- Test the media pH, total soluble salts (electrical conductivity) and wettability before use.
- Do NOT make changes to your current growing media without experimenting first to see if changes may affect your cultural practices.
- Thoroughly mix components, but don’t overmix, especially if a medium contains vermiculite or plastic-coated slow-release fertilizer.
- Do NOT store media that contains fertilizer for long periods of time, especially if the media is moist.
- Avoid contamination of components or finished media by keeping amendments in closed bags or by covering outdoor piles.
- Do not allow mixes containing a significant amount of peat moss to dry out.